



## 2021 FVF PHYSICAL REQUIREMENT & CONCUSSION INFORMATION FORMS

You have been given two separate items that will both need to be completed before your child will be allowed to participate in the upcoming 2021 FVF Season.

Both of these forms will be due at your equipment issue night. This will take place in Mid-August. A final date and time will be provided to you by your selected coach no later than August 10<sup>th</sup>. Your child will not be issued their gear or be allowed to practice until these forms have been turned in. NO EXCEPTIONS!!!!!!!!!!

### Physical Requirement Information:

Each player will be required to have a complete sports physical administered by a licensed Physician. Not just a well child exam. You may use your family physician or any health care provider approved by the state of Montana. An appropriate form will need to be filled out. One has been provided to you today. You can also visit the FVF website for a league approved form if your physician does not have a sports physical form. Physicals must be current – conducted after April 20, 2021

**Please make a copy or scan of this physical. FVF will not provide copies, nor will we return the form you provide to us.**

### Concussion Acknowledgement Form:

Each player will be required to read and complete the FVF Participant and Parent/Legal Guardian Concussion Acknowledgement form. This form, provided to you today, is our step to providing both players and parents education on concussions. This form is required to be read and completed by both the player and parent or legal guardian.

Additional information on the FVF Concussion Policy and additional copies of this form can be found on our website.

**Please make a copy or scan of this form once it has been signed by both player and parent. FVF will not provide copies no will we return the form you provide to us.**

For more information visit – [www.flatheadvalleyfootball.com](http://www.flatheadvalleyfootball.com)